Studying for Math and Science can be challenging. The following tips can help you develop better study habits for these subjects.

1. **Review processes and procedures**
   - Review your class notes as soon as you get home
   - Compare your textbook to your in class notes
   - Fill in any missing gaps in your notes

2. **Do problems again and again and again...**
   - Practice the process repeatedly. This will help you apply your knowledge

3. **Fight frustration with action**
   - Move on to the next problem if you’re stuck
   - Take a break
   - Go back through the steps to find your error
   - Ask your instructor for help

4. **Study with someone**
   - Working with someone can help fill in any missing gaps
   - Teaching someone a concept helps you remember it better

5. **Focus on your learning style**
   - Do you see things in images? Draw a diagram
   - Can you remember song lyrics but not formulas? Make a song
   - Do you need to speak out loud to remember? Teach someone
   - Like memory tricks? Create a mnemonic: an acronym or an image to help you remember formulas: BEDMAS (brackets, exponents, multiplication, addition, subtraction)

6. **Strive for accuracy**
   - Read the instructions
   - Practice each step, not just memorizing the answer
   - Check over your work
   - Keep your work organized